

Tabulka č. 6 : Srovnání časových pásem v Rusku v roce 2010

stát	teoretický čas	používaný čas	letní čas	poznámka
Adygsko	UTC + 3	UTC + 3	ano	
Aginský burjatský okruh	UTC + 7	UTC + 9	ano	
	UTC + 8			
Altaj	UTC + 6	UTC + 6		
Altajský kraj	UTC + 5	UTC + 6	ano	
	UTC + 6			
Amurská oblast	UTC + 8	UTC + 9	ano	
	UTC + 9			
Archangelská oblast	UTC + 2	UTC + 3	ano	
	UTC + 3			
Astrachaňská oblast	UTC + 3	UTC + 3	ano	
Azovský něm. nár. okres	UTC + 5	UTC + 6	ano	
Bajkonur	UTC + 4	UTC + 6	ne	
Baškortostán (Baškirsko)	UTC + 4	UTC + 5	ano	
Belgorodská oblast	UTC + 2	UTC + 3	ano	
	UTC + 3			
Brjanská oblast	UTC + 2	UTC + 3	ano	
Burjatsko	UTC + 7	UTC + 8	ano	
	UTC + 8			
Čečensko	UTC + 3	UTC + 3	ano	
Čeljabinská oblast	UTC + 4	UTC + 5	ano	
Čukotský autonomní okruh	UTC + 11	UTC + 11*	ano	*změna od roku 2010
	UTC +/- 12			
	UTC - 11			
Čuvašsko	UTC + 3	UTC + 3	ano	
Dagestán	UTC + 3	UTC + 3	ano	
Evenkovský okres	UTC + 6	UTC + 7	ano	
	UTC + 7			
Chabarovský kraj	UTC + 9	UTC + 10	ano	
	UTC + 10			
Chakasko	UTC + 6	UTC + 7	ano	
Chantyjsko-mansijský autonomní okruh	UTC + 4	UTC + 5	ano	
	UTC + 5			
	UTC + 6			
Ingušsko	UTC + 3	UTC + 3	ano	
Irkutská oblast	UTC + 6	UTC + 8	ano	
	UTC + 7			
	UTC + 8			
Ivanovská oblast	UTC + 3	UTC + 3	ano	
Jamaloněmecký autonomní okruh	UTC + 4	UTC + 5	ano	
	UTC + 5			
	UTC + 6			
Jaroslavská oblast	UTC + 2	UTC + 3	ano	
	UTC + 3			
Kabardsko-Balkarsko	UTC + 3	UTC + 3	ano	
Kaliningradská oblast	UTC + 1	UTC + 2	ano	
	UTC + 2			

Kalužská oblast	UTC + 2	UTC + 3	ano	
	UTC + 3			
Kalmycko	UTC + 3	UTC + 3	ano	
Kamčatský kraj	UTC + 10	UTC + 11*	ano	<i>*změna od roku 2010</i>
	UTC + 11			
Karačajsko-Čerkesko	UTC + 3	UTC + 3	ano	
Karélie	UTC + 2	UTC + 3	ano	
	UTC + 3			
Kemerovská oblast	UTC + 6	UTC + 6*	ano	<i>*změna od roku 2010</i>
Kirovská oblast	UTC + 3	UTC + 3	ano	
	UTC + 4			
Komi	UTC + 3	UTC + 3	ano	
	UTC + 4			
Komipermijacký okruh	UTC + 4	UTC + 5	ano	
Korjacký okruh	UTC + 11	UTC + 12	ano	
	UTC +/- 12			
Kostromská oblast	UTC + 3	UTC + 3	ano	
Krasnodarský kraj	UTC + 2	UTC + 3	ano	
	UTC + 3			
Krasnojarský kraj	UTC + 5	UTC + 7	ano	
	UTC + 6			
	UTC + 7			
Kurganská oblast	UTC + 4	UTC + 5	ano	
	UTC + 5			
Kurská oblast	UTC + 2	UTC + 3	ano	
	UTC + 3			
Leningradská oblast	UTC + 2	UTC + 3	ano	
Lipecká oblast	UTC + 3	UTC + 3	ano	
Magadanská oblast	UTC + 10	UTC + 11	ano	
	UTC + 11			
Marijsko / Marij El	UTC + 3	UTC + 3	ano	
Mordvinsko	UTC + 3	UTC + 3	ano	
Moskva	UTC + 2	UTC + 3	ano	
	UTC + 3			
Moskevská oblast	UTC + 2	UTC + 3	ano	
	UTC + 3			
Murmanská oblast	UTC + 2	UTC + 3	ano	
	UTC + 3			
Německý autonomní okruh	UTC + 3	UTC + 3	ano	
	UTC + 4			
Německý národní okres	UTC + 6	UTC + 6	ano	
Nižněnovgorodská oblast	UTC + 3	UTC + 3	ano	
Novgorodská oblast	UTC + 2	UTC + 3	ano	
Novosibirská oblast	UTC + 5	UTC + 6	ano	
	UTC + 6			
Omská oblast	UTC + 5	UTC + 6	ano	
Orelská oblast	UTC + 2	UTC + 3	ano	
	UTC + 3			
Orenburská oblast	UTC + 4	UTC + 5	ano	
	UTC + 5			
Penzská oblast	UTC + 3	UTC + 3	ano	
Permský kraj	UTC + 3	UTC + 5	ano	

	UTC + 4			
Přímořský kraj	UTC + 9	UTC + 10	ano	
Pskovská oblast	UTC + 2	UTC + 3	ano	
Rostovská oblast	UTC + 3	UTC + 3	ano	
Rjazaňská oblast	UTC + 2	UTC + 3	ano	
	UTC + 3			
Sacha (Jakutsko)	UTC + 7	UTC + 9 UTC + 10 UTC + 11	ano	
	UTC + 8			
	UTC + 9			
	UTC + 10			
	UTC + 11			
Sachalinská oblast	UTC + 9	UTC + 10	ano	
	UTC + 10			
Samarská oblast	UTC + 3	UTC + 3*	ano	<i>*změna od roku 2010</i>
Sankt-Peterburg	UTC + 2	UTC + 3	ano	
Saratovská oblast	UTC + 3	UTC + 3	ano	
Severní Osetie - Alanie	UTC + 3	UTC + 3	ano	
Smolenská oblast	UTC + 2	UTC + 3	ano	
Stavropolský kraj	UTC + 3	UTC + 3	ano	
Sverdlovská oblast	UTC + 4	UTC + 5	ano	
Tajmyrský okres	UTC + 5	UTC + 7	ano	
	UTC + 6			
	UTC + 7			
Tambovská oblast	UTC + 3	UTC + 3	ano	
Tatarstán	UTC + 3	UTC + 3	ano	
	UTC + 4			
Tomská oblast	UTC + 5	UTC + 6	ano	
	UTC + 6			
Tulská oblast	UTC + 2	UTC + 3	ano	
	UTC + 3			
Tuva	UTC + 6	UTC + 7	ano	
	UTC + 7			
Tverská oblast	UTC + 2	UTC + 3	ano	
	UTC + 3			
Ťumeňská oblast	UTC + 4	UTC + 5	ano	
	UTC + 5			
Udmurtsko	UTC + 3	UTC + 3*	ano	<i>*změna od roku 2010</i>
	UTC + 4			
Uljanovská oblast	UTC + 3	UTC + 3	ano	
Ust'-ordynský burjatský okruh	UTC + 7	UTC + 8	ano	
Vladimírská oblast	UTC + 3	UTC + 3	ano	
Volgogradská oblast	UTC + 3	UTC + 3	ano	
Vologdská oblast	UTC + 3	UTC + 3	ano	
Voroněžská oblast	UTC + 2	UTC + 3	ano	
	UTC + 3			
Zabajkalský kraj	UTC + 7	UTC + 9	ano	
	UTC + 8			
Židovská autonomní oblast	UTC + 9	UTC + 10	ano	